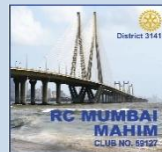


**LET'S
INSPIRE!**

ROTARY CLUB OF MUMBAI MAHIM

DISTRICT 3141, CLUB No. 59127



MAHIM WAVES

DECEMBER, 2025

UNITE
FOR
GOOD

Rotary



❖ R. I. President – Francesco Arezzo ❖ District Governor – Dr. Manish Motwani ❖

◆ President – Shaila Rege ◆ Secretary – Sunita Padwal ◆

❖ Bulletin Chairperson – Shobha Karnik ❖

FROM PRESIDENT'S DESK

December – A Month of Purposeful Service

December was a truly fulfilling month for RCMM, marked by impactful and meaningful projects across environment, health, and community care.

On 1st December, RCMM undertook a major Bamboo Plantation Drive at Khanivali Village, planting 3,000 bamboo saplings along a 3 km riverbank. RCMM contributed 2,500 saplings, with 500 supported by the Khanivali Sarpanch Fund. Implemented on the Bihar model, the project promotes environmental sustainability, women empowerment, and rural livelihood. Under MNREGA, 25–30 women will maintain the plantation for three years, benefiting 20–30 farmers and creating a long-term green belt.



Health initiatives remained a strong focus during the month. RCMM distributed ration kits to TB patients to support their treatment and provided meals to families of patients outside KEM Hospital. Continuing its commitment to child health, RCMM supported paediatric heart surgeries under the Government Scheme at S. L. Raheja Hospital, Mahim. In December, two children — Idrees Shakil Khan (7 years) who underwent VSD closure with aortic valve repair, and Vinay Koralali (9 years) who underwent ASD closure with PA banding — received life-changing surgeries, bringing renewed hope to their families.

RCMM also celebrated its signature project, 'Dial-A-Santa', initiated in 2009–10 by Late Rtn. Vinayak and lovingly continued every year by Rtn. Uma. Inspired by an Australian concept, the project brings joy to children by fulfilling their wishes through Santa.

This year, Dial-A-Santa was celebrated at two locations:

Nair Hospital's Paediatric Ward, where 32 children experienced moments of joy as Rtn. Nita, dressed as Santa, along with RCMM members, sang, danced, and played with them. Gift kits and healthy snacks were distributed.

Meera Vidyalaya (Pragati Kendra), a school for mentally challenged children from low-income families, where 32 children received gift packets, healthy snacks, toys, and games.

The project once again spread smiles, hope, and happiness, making December a deeply satisfying and memorable month of service for RCMM.

Enjoy Rotary and Enrich Life.



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Rtn. Dr. Nilesh Satbhai
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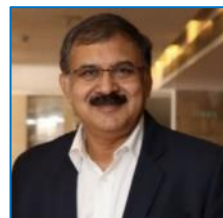
Rtn. Varsha Parulekar
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Rural Area



Rtn. Lalit Rege
Club Service



Rtn. Manoj Kshirsagar
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Vocational Service



Rtn. Seema Patole
Youth Service



Rtn. Arati Dhavale
Sergeant At Arms



Rtn. Uma Sahasrabudhe
International Service

**Invitees for
Borad Meetings**



Rtn. Vidya Kulkarni
Learning Facilitator



Rtn. Pradeep Dixit



Rtn. Prakash Samudra



Rtn. Anand Limaye
Club Advisors



Rtn. Sandhya Samudra



Rtn. Usha Sheshan

BAMBOO PLANTATION DRIVE AT KHANIVALI VILLAGE

A large-scale bamboo plantation initiative was carried out at Khanivali village, where 3,000 bamboo shoots were planted along the riverbank — 2,500 donated by RCMM and 500 supported through the Khanivali Sarpanch Fund.

This project is designed to strengthen women empowerment and rural livelihood. Under the NREGA (Mahatma Gandhi National Rural Employment Guarantee Scheme), 25–30 women will be employed for the next three years to nurture and maintain the plantation. After three years, once the bamboo matures, it will be utilised for income-generating activities and skill development, enabling long-term financial independence.

The plantation followed the Bihar model to ensure strong root development, optimal growth, and effective water drainage — ideal for riverbank soil. The total project cost is approximately ₹67,500.



BAMBOO PLANTATION DRIVE AT KHANIVALI VILLAGE

This initiative has a far-reaching long-term environmental and economic impact. Bamboo releases 30% more oxygen and, once fully grown, will provide a steady source of income to 20–30 farmers, supporting sustainable development. The plantation now spans nearly 3 km along the riverbank, creating a green, productive belt for the community.

लोकमत

बांबू लागवडीतून महिलांना मिळणार तीन वर्षे रोजगार

लोकमत न्यूज नेटवर्क

वाडा : ग्रामपंचायत खानिवलीमध्ये मनरेगा व रोटरी क्लब ऑफ मुंबई, माहीम यांच्या संयुक्त विद्यमाने बिहार पॅटर्ननुसार बांबू लागवड उपक्रमाला सुरुवात करण्यात आली. या उपक्रमांतर्गत गावातील नदीलगत शेतकऱ्यांच्या जागेवर ३.५ किमी अंतरावर बांबू लागवड करण्यात येणार आहे. यानिमित्ताने गावातील ३५ ते ४० महिलांना ३ वर्षे रोजगार मिळणार आहे. कार्यक्रमासाठी रोटरी क्लबचे पदाधिकारी सूर्यकुमार, धनंजय पटवर्धन,

उमा सहस्त्रबुध्ये, वर्षा परळेकर, विदुला क्षीरसागर, नीता उपाध्ये, आरती ढवले, नंदकुमार राऊत, राजन राऊत, विलास ठाकूर, यशवंत जाधव, सरपंच भरत हजार, सहायक कार्यक्रम अधिकारी प्रमोद पाटील, तांत्रिक अधिकारी विजय भोईर, तांत्रिक अधिकारी तुषार पाटील, ग्रामपंचायत सदस्य प्रेरणा पोटीदा, ग्रामपंचायत अधिकारी शशिकांत ठाकरे आदी उपस्थित होते. ग्रामरोजगार सेवक गणेश पोटीदा, लिपिक नीलेश मोहने, लिपिक काव्या, रश्मी पाटील, गोकुळ मोहने, समीर शेख यांनी उपक्रमासाठी सहकार्य केले.

रोटरी क्लब ऑफ मुंबई, माहीम यांच्या माध्यमातून तुलडा प्रकारच्या बांबूची रोपे उपलब्ध करून देण्यात आली आहेत.



तीन वर्षांनंतर संबंधित शेतकऱ्यांनाच मिळणार उत्पन्न

बांबू लागवड उपक्रमाची ३ वर्षे संपूर्ण जबाबदारी ग्रामपंचायत घेणार आहे. ३ वर्षांनंतर ते बांबू संबंधित शेतकऱ्यांनाच दिले जाणार आहेत. तसेच वस्तू तयार करण्यासाठी महिलांना प्रशिक्षण दिले जाणार आहे. या प्रकल्पामध्ये रोटरी क्लब ऑफ मुंबई, माहीम यांच्या माध्यमातून तुलडा प्रकारच्या बांबूची रोपे उपलब्ध करून देण्यात आली आहेत.

Hello Vasai
Page No. 3 Dec 04, 2025
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PEDIATRIC HEART SURGERIES

In India, thousands of children from underprivileged families suffer from congenital heart diseases that require urgent surgery. For many, financial constraints make such treatment beyond reach — and timely medical support can mean the difference between life and death.

RCMM supports pediatric heart surgeries through Government Scheme at S. L. Raheja Hospital at Mahim. During last years Fund Raise programme we received donation for three surgeries from Jasmin Kikani, friend of Rtn. Shobha.

The two surgeries took place in the month of December, 2025 of Idrees Shakil Khan, 7year 1 month child operated for VSD Closure with Aortic Valve Repair. His father is a laborer. Vinay Korali, 9years 6 months child operated for ASD closure with PA Banding. His father is a driver. With this three Pediatric Heart Surgeries completed successfully.

This successful surgeries mark a new beginning for little Idrees and Vinay, and their families, symbolizing the hope Rotary brings to those in need. RCMM remains committed to supporting such life-transforming initiatives that give children a chance to grow, thrive, and live healthy lives.



RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT ABHIYAN

Continuing the initiative from last month, on 9th December 2025, ration was distributed to 10 TB patients at the BMC Dispensary located behind Goa Portuguesa restaurant, Citylight. Rtn. Dr. Gurmit, PR Shaila personally handed over the ration. These patients will continue to receive ration support throughout the course of their treatment, with the hope that it aids their recovery and helps them return to a healthy, normal life.



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2025-26

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ANNADAN THROUGH DON GHAS

Annadan through Don Ghas has become a signature monthly project for RCMM, with Rtn. Revati managing it seamlessly. She ensures its smooth execution by being personally present at every service. RCMM has been associated with NGO Aarya for the past 7-8 years. Founded by Sheetal Bhatkar in memory of her son, Aarya's mission is to ease the burden on families of patients undergoing prolonged treatments at hospitals in Parel, such as Wadia, Tata, and KEM. The initiative, aptly named Don Ghas (which translates to a square meal in Marathi), follows a well-structured yet simple process to provide nutritious meals to those in need.

On 14th December, 2025 RCMM sponsored lunch for 150 people. Special thanks to Aarti Mhatre who sponsored the lunch seva in memory of her husband Vikas Mhatre.



"When food is shared with love, it becomes Annadan — a blessing for both the giver and the receiver."

DIAL A SANTA



‘Dial-A-Santa’ is one of RCMM’s most successful and sustainable projects, continuing joyfully for many years. The project was initiated by Late Rtn. Vinayak in 2009–2010 and is based on an Australian concept, where young children dial Santa to share their wishes — and Santa makes those wishes come true.

This year, RCMM celebrated ‘Dial-A-Santa’ at two locations on 19th December.

The first celebration was held at the Paediatric Ward of Nair Hospital. There were 32 children in the ward, and Rtn. Nita, dressed as Santa, instantly brought smiles, joy, and excitement to their little faces. PR Shaila along with Rtns. Arati, Swati, Supriya, Dr. Gurmit, Dr. Hemangi, Sunita, and Uma were present for the event.

Rotarians sang songs, played games, and danced with the children, filling the paediatric ward with energy, enthusiasm, and happiness. For a while, the children courageously fighting their illnesses forgot their pain and immersed themselves in joy. The members too forgot their ages as they joined in the fun. Doctors, nurses, and hospital staff enthusiastically participated, making the atmosphere truly festive.

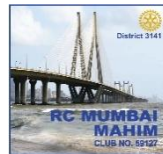
Each child received a thoughtfully prepared gift containing a tiffin box, water bottle, sketch pen packet, and healthy snacks such as bananas and rajgira laddoos. The event created lasting memories for both the children and RCMM members.



LET'S
INSPIRE!

MAHIM WAVES

ROTARY CLUB OF MUMBAI MAHIM



DIAL A SANTA



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DIAL A SANTA

The second celebration took place at Meera Vidyalaya (Pragati Kendra), a school for mentally challenged children from low-income households. Rtns. Neeta Upadhyaya and Uma Sahasrabudhe visited the school and distributed gift boxes containing healthy snacks along with tiffin boxes, water bottles, and colouring sets. The school has 32 children. Additionally, Rtn. Revati Kanvinde generously donated toys and games suitable for young children aged 4–5 years, which were warmly received.

Both celebrations were deeply fulfilling and reaffirmed RCMM's commitment to spreading happiness, love, and care. 'Dial-A-Santa' once again proved to be a heart-warming experience for everyone involved.



DISTRICT INITIATIVE & CO-HOST

1. Strategic partnership with CII to empower underprivileged youth – MoU Signing

On 18th December 2025, Rotary International District 3141 entered into a strategic partnership with the Confederation of Indian Industry (CII) by signing an MoU aimed at empowering underprivileged youth through skill development and vocational training.

The partnership focuses on industry-oriented training and placements, community mobilization and awareness, along with assistance for stay and food for deserving trainees. Training will be imparted at the Atal Bihari Vajpayee Kaushalya Vikas Centre, located opposite Pioneer Public School, Akurli Road, Kandivali East.

The centre is well-equipped and offers free, on-the-job training in diverse fields such as culinary skills, sewing and fashion designing, AC repair, 3D animation, VFX, AI with basic computer courses, housekeeping, cyber security and data management, and restaurant job training, among others.

From RCMM, PR Shaila attended the MoU signing ceremony, marking RCMM's support for this impactful initiative focused on sustainable livelihoods and youth empowerment.



PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian
SVC Co-operative Bank	25,000	Fund Raise Sponsorship	Hemant Samant
Samruddhi Nutrients India Pvt. Ltd.	10,000	Fund Raise Sponsorship	
Aarti Vikas Mhatre	7,500	Annadan through Don Ghas	Revati Kanvinde
Rtn. Uma Sahasrabudhe	25,000	Dial A Santa	
Rtn. Uma Sahasrabudhe	25,000	Washing Machine for Old Age Home	
Rtn. Shobha Karnik	5,000	Washing Machine for Old Age Home	
Rtn. Vasant Phatak	5,000	Washing Machine for Old Age Home	
Rtn. Revati Kanvinde	5,000	Washing Machine for Old Age Home	
Prarthana Aphale	200,000	Washing Machine for Old Age Home	Dhananjay Patwardhan
Rtn. Seema Patole	25,000	Washing Machine for Old Age Home	
Rtn. Prakash Samudra	10,000	Washing Machine for Old Age Home	
Rtn. Vandana Rajahansa	5,000	Washing Machine for Old Age Home	
Rtn. Rajendra Unnikrishnan	5,000	ROTAL	
Jasmin Kikani	25,000	Pediatric Heart Surgeries	Shobha Karnik

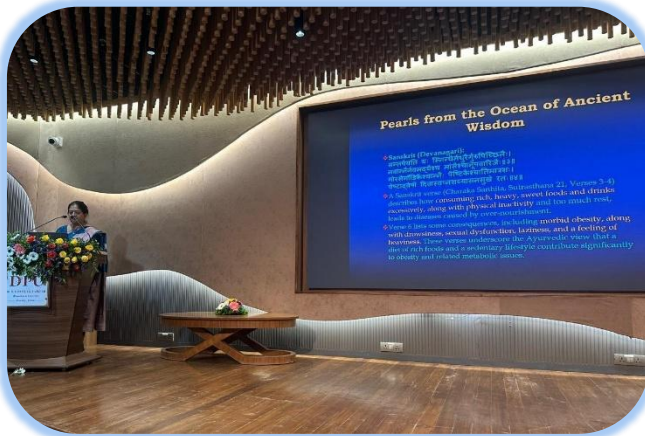
FAMILY CORNER



Heartiest congratulations to **Rtn. Dr. Sanhita Walavalkar** on being invited by D. Y. Patil Medical College, Pimpri, Maharashtra, as a speaker on "Obesity Management - New Drugs in the Pipeline" at the prestigious programme "Obesity Update - Beyond the Scale."

Adding yet another feather to her cap, her research paper titled "Empagliflozin Perception Mapping Survey" has also been published.

We are extremely proud of her achievements and wish her continued success. May she keep enlightening the medical fraternity by publishing many more such impactful research papers.



FAMILY CORNER



Heartiest congratulations to **Rtn. Dr. Gurmit Bachher** for getting invited as a Facilitator in RLI organized by District 3142. where she conducted insightful sessions on Engaging Members.

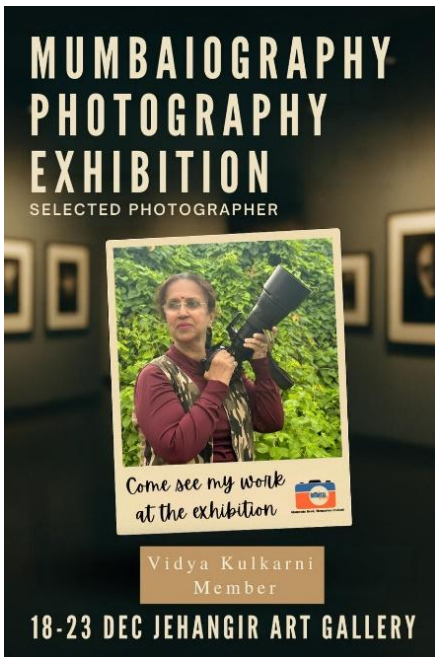


FAMILY CORNER



Heartiest congratulations to **Rtn. Vidya Kulkarni** on the selection of her stunning bird photograph for display at an exhibition at the prestigious Jehangir Art Gallery. This remarkable achievement truly reflects her keen eye, talent, and passion for photography.

About the Exhibition



Organising team

Hitesh MumbaiOgraphy
Prerna MumbaiOgraphy

The Esteemed Jury:

Mandar Bedekar
Yuwaraj Gurjar
Rakesh Rawal

Guest of Honour

Gangadhar Menonji
Rohinton Mehta sir (forever Gen z)
Sudhakar Olve Sir
Ganesh Vanare

An exhibition of selected photographs was being proudly presented at the prestigious Jehangir Art Gallery. With participation from over 500 photographers across the country, the journey to the final showcase was both intense and inspiring. Through a rigorous seven-round selection process—including two discerning rounds by the Jehangir panel of experts—93 outstanding photographs emerged and were on display, celebrating excellence, vision, and the power of the photographic art. It was a proud moment for RCMM for getting selected one of the rarest bird of Uttarakhand, Rufous-throated Partridge clicked by founder member photographer **Rtn. Vidya Kulkarni**.

FAMILY CORNER

Story behind the click by Rtn. Vidya Kulkarni

In 2018, a message on social media from Hemant Bishnoi, Founder of Strabo Pixel Club, led to an invitation to attend the Nainital Bird Festival at Sattal, Uttarakhand. Thrilled by the opportunity to photograph exotic Himalayan birds, I embarked on my first journey to the region, exploring Chopta, Sattal, Chafi, and Pangot—ranging from 1,000 to 2,700 meters in altitude. The snow-clad peaks, lush green landscapes, and the constant symphony of vibrant birdlife made each dawn magical. Waking up to their melodies and capturing these fleeting moments added extraordinary colour to my life, drawing me back to Uttarakhand year after year.

Fascinated by the elusive beauty of the Rufous-throated Partridge, I searched tirelessly across Rajaji Jungle, Chopta, and Sattal, often returning empty-handed. Just as dusk threatened to end our hopes, a soft, musical whistle broke the silence. Moments later, the partridge emerged—followed by the female—walking gracefully in the fading light. The joy was indescribable. Little did I know then, this rare encounter would go on to be showcased at the prestigious Jehangir Art Gallery—an honour that celebrated not only the sublime beauty of these birds, but also my passion, perseverance, and the journey behind the lens.



FAMILY CORNER

Felicitations & Visitors



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2025-26

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FAMILY CORNER

*Wishing you a day filled with Happiness and a year filled with Joy.
Happy Birthday*



Rtn. Shobha Karnik

Rtn. Sandhya Samudra

Sharanya, daughter of Rtn. S Venkateswaran

Priya, wife of Rtn. Dr Pradeep Dixit

Professor Aniruddha Bhalchandra Pandit

Devika, daughter of Rtn. Dr Prasad Modak

Rtn. Pradeep Watve

Apurva, son of Rtns. Sandhya & Prakash Samudra

Rtn. Seema Patole

Prince Badiani, son of Rtn. Devang Badiani

Ashish, husband of Rtn. Deepalaxmi Pednekar

Rtn. Girish Jawle

Rtn. Dr Supriya Saple

Rtn. Lalit Rege

Madhumita, daughter of Rtn. Surashri Gokhale

Rtn. Nita Upadhyay

Mansi, daughter of Rtns. Veena & Pradeep Watve

Rtn. Asavari Chandorkar

FAMILY CORNER

Wishing you a very happy wedding anniversary and many more wonderful years together



Rtn. Revati & Ravindra Kanvinde

Rtn. Pradeep & Priya Dixit

Rtn. Prasad & Kiran Modak

Rtn. Swati & Nachiket Jaywant

Rtn. Sunita & Suhas Padwal

Rtn. Alka & Pradeep Khedkar

Rtn. Dhananjay & Vrunda Patwardhan

Rtns. Sandhya & Prakash Samudra

Rtns. Veena & Pradeep Watve

Rtn. Vaishali & Atul Abhyankar

Rtn. Anand & Radhika Limaye

Rtn. Vipul & Anuya Bondal

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